



Partnership for a Healthy Delaware County

March 16, 2016 - Minutes

9:00 – 11:00 am

MC Fitness, 7100 Graphics Way

Lewis Center, OH 43035

**Present:**

Name	Agency
Kevin James Crowley	People In Need
Kelsey Sommers Fox	United Way of Delaware County
Shelia Fox	Sustainable Delaware
Steve Hedge	Mental Health & Recovery Board
Amy Hill	Mental Health & Recovery Board
Richard Steele	Maryhaven
Fara Waugh	SourcePoint
Pat Blaney	Retired Deputy Engineer; DGHD BOH
Ruth Shrock	Community Representative
Larry Walters	Retired ACS; Community Representative
Christopher Fink	Ohio Wesleyan University
Scott Sanders	Regional Planning Commission
Sandra Stultz	Scioto Township
Candice Coleman	Mount Carmel
Abigail Hartung (Representing Dr. Barbara Evert)	OhioHealth-Dublin
Alicia Tomblin	Mount Carmel
Michelle Price	Helpline
Brian Pierson	Mount Carmel
David Hudler	Recreation Unlimited
Sue Ware	Job and Family Services
Robert Hatcher	Delaware Police Department
David Dombrosky	Job and Family Services
Scott Schroeder	OhioHealth
Emma Manier	HelpLine
Jason Koma	Mount Carmel
Captain Aaron Jennings	Delaware City EMS
Dawn Ebron	Public Health Dayton & Montgomery County
Lori Kannally	Delaware General Health District
Joan Bowe	Delaware General Health District
Shelia Hiddleson	Delaware General Health District
JT Hillier	Delaware General Health District
Jen Keagy	Delaware General Health District
Susan Sutherland	Delaware General Health District
Kelsey Kuhlman	Delaware General Health District
Connie Codispoti	Delaware General Health District
Celeste Revelas	Delaware General Health District
Mitchell Briant	Delaware General Health District
Debra Sparks (Scribe)	Delaware General Health District

**9:00 – 9:05**     **Welcome** – Chair: Chris Fink, Ohio Wesleyan University  
**Approval of Minutes** – November 18, 2015 Meeting  
Motion was made by Kevin James Crowley and seconded by Pat Blaney to approve the November 18, 2015 meeting minutes as written. Unanimous vote to approve the minutes.

**9:05 – 9:50**     **CHIP Success Story Presentations**

**Priority: Mental Health**

Michele Price, the Suicide Prevention Program Coordinator at HelpLine of Delaware and Morrow Counties, highlighted the Signs of Suicide (SOS) program that is provided in the schools and community. Presentation is attached.

There was a question as to whether the SOS program targets post-partum women. The program does not; however, the DGHD screens new mothers for depression as part of the Newborn Home Visiting program.

**Priority: Alcohol Abuse & Drug Abuse**

Richard Steele of Maryhaven and Captain Aaron Jennings of Delaware County Emergency Medical Services presented “An Overdose Response System, With the Use of Naloxone.” Mr. Steele demonstrated the use of a Narcan injector, similar to an Epi-pen. Presentation is attached.

There was a question as to whether there are Narcan kits in Delaware County. All Fire and EMS carry Narcan. The Ohio Department of Mental Health & Addiction Services provided funding through local health department for 75 kits for the county. Joan Bowe (DGHD) is working on getting Project DAWN kits in the community. In addition, Mt. Carmel has begun a mobile pilot program that will distribute kits to family members of addicts.

There was lengthy discussion around the ethical question of providing a quick solution to revive addicts, for them to only continue to use heroin and increase their chances of overdosing again. For the past year and a half, Mt. Carmel debated this question and came to the conclusion that Narcan is not the solution, but people are dying from overdoses. The ultimate goal is to refer addicts into treatment. Steve Hedge noted that statistics do show that the first time that someone is given Narcan, they don’t necessarily seek treatment. However, if it does happen again, those people do seek help.

**9:50 – 10:00**     **Youth Health Assessment Strategies & Report – Kelsey Kuhlman, Delaware General Health District**

The Youth Health Assessment full report can be found on the DGHD website at [www.delawarehealth.org](http://www.delawarehealth.org). In addition, the Youth Photovoice Project can be viewed on the DGHD You Tube channel at: <https://www.youtube.com/watch?v=6QCK8MSJBwU>.

**10:00 – 10:15 CHIP Priority Progress Reports – Jen Keagy, Delaware General Health District**

Jen Keagy presented Quarters 1-4 Progress for 2015. There are a total of 26 strategies with 146 action steps in the CHIP. Over half of the action steps are either on schedule or completed. And, 2015 was the first full year of implementation. Well done! Below are highlights for each of the priorities. Presentation is attached.

- **Access to Health Care & Medications**

- Delaware Area Transit Agency (DATA) conducted a community survey to identify medical and transportation needs and how best to address them.
- A survey of physicians and EMTs was distributed regarding implementation of the Paramedicine Pilot program. Also, a draft operational plan has been developed.

- **Alcohol Abuse & Drug Abuse**

- A Trauma Informed Care committee was formed to develop a community action plan. A TIC Agency Pre-Assessment was also developed to gather baseline data.
- Recovery & Re-entry program at the Delaware County Jail had 20 new participants in the 4Q with 17 successfully completing the program. The Father Factor program was implemented at the jail and had 12 participants successfully finish. Two other programs were also implemented at the jail – Seeking Safety (anti-human trafficking survivors) and Moving Forward After Abortion.

- **Food Insecurity**

- Cooking Matters – since the beginning, there have been 3 classes offered. 40 participants total and 32 (80%) successfully attended all 6 sessions.
- From 2014 to 2015:
  - 25% increase in the amount of pounds of food brought into the county by Mid-Ohio Foodbank
  - 17% increase in the number of people served at community meals
  - 44% increase in the number of students being served weekend backpacks

- **Mental Health**

- The Delaware County Juvenile Court staff received the Mental Health First Aid training; and, 5 Signs of Distress trainings were provided by Helpline.
- Of the 240 suicidal persons reported to Helpline this year, follow-up specialists were able to actually talk to 158 of these people (66%) for a total of 9,291 minutes.

- **Obesity/Overweight**

- The Health District has developed a community-wide social media campaign called 5321AN (5 fruits and vegetables a day, 3 meals a day, 2 hours or less TV a day, 1 hour physical activity a day, and Almost None sugar-sweetened beverages) that will focus on healthy eating and active living and will be implemented in a variety of sectors.

- The Health District will also be working with the YMCA to promote 2 of their evidence-based behavior weight management programs – Healthy Weight and Your Child (pilot) and Diabetes Prevention Program.

- **CHIP Promotion**

The STRAND hosted the premier of the 2015 Delaware County “Youth Photovoice Project,” which was a collaboration between the Delaware General Health District and 24 area students. Students were given cameras by the health district and were tasked with taking photos that they think represents good and bad health in the county.

**10:15 – 10:40 Year End Review & Recommendations – Jen Keagy, Delaware General Health District**

Jen Keagy reviewed the major changes and revisions for 2016 for each of the seven priorities that include both the adult and youth priorities. To meet accreditation requirements, the DGHD has to review the CHIP on an annual basis and note any changes to strategies, action steps, timelines, etc. The action plans will be posted to the DGHD website for public comment. Provide any feedback to Lori Kannally at [lkannally@delawarehealth.org](mailto:lkannally@delawarehealth.org). Presentation is attached.

Given the concern about lead in the water in this country, there was a question by Ruth Shrock asking if the DGHD collects any data on lead in the water. Shelia Hiddleson reported that the DGHD currently does not collect that data, but will ask the Environmental Health Division to pull together some data and/or resources to send out to the Partnership.

**10:40 – 10:55 “The Partnership and the Big Picture” – Shelia Hiddleson, Health Commissioner, Delaware General Health District**

Shelia Hiddleson announced that Delaware County has once again been named the healthiest county in Ohio and was number one in health factors and health outcomes from Robert Wood Johnson Foundation. Ms. Hiddleson discussed that there is going to be a mandate for public health to work more closely with health care systems, especially in the area of community health assessment and improvement. The Ohio Department of Health (ODH) is proposing that by the year 2020 local health departments and hospitals get on the same assessment cycle, which will be every three years. The challenge is how can any change in health happen over that short of a timeframe. DGHD is scheduled to begin the next community health assessment in 2017. Presentation is attached.

There was a question by Ruth Shrock asking if the DGHD would still be responsible for doing the Maternal & Childhood Assessment that is completed every five years. Ms. Hiddleson stated that there are discussions with the ODH about what will be required from various programs, especially if local health departments have to complete a community health assessment every three years.

**10:55 – 11:00 Next Steps – Chris Fink, Ohio Wesleyan University**

The 2015 revisions to the CHIP Action Plans will be posted on the DGHD website and notification will go out to the Partnership to review and submit any comments. The Partnership will also receive a short survey evaluating the implementation of the 2015 CHIP. The next meeting time has been scheduled for November 16 so please save the date.

**11:15 Meeting Adjourned – MC Fitness Tour (Optional)**